

YOUTH healing and VISION RETREAT

July 12-15 on Bowen Island (20 min ferry from Horseshoe bay)
We ask that you pay \$50 to attend, but no one will be turned away for lack of finances. Accomodation and food provided.



Young Changemaker.
Protector of People and Planet. Your service takes its toll. The weight of the world can seem heavy and sometimes you lose yourself. Sometimes the world you hope to create is lost in the pain of opposing this one. Come gather around the fire with those who are like you. Let us heal together, rediscover ourselves and envision a present, as well as futures, that uplift and transform.

PROGRAM INCLUDES

Time amongst nature, silence, plenty of dialogue with other participants, exercises to connect you to your body, mind, heart, spirit and the earth.

GOALS

To honour our experiences and heal from the difficult ones within a supportive community. We will renew, learn to take care of ourselves and rediscover things worth saying 'Yes' to.

EXPECTATIONS

To create the space where our goals can be achieved we ask you to read the small list of expectations we have of you before you apply.

- * Come honestly, without ego or righteousness
- * Come ready to acknowledge and remove barriers within yourself and between yourself and others
- * Be present and participate fully

EVENT
HOSTS

CATALYST



www.peernetbc.com

604-733-6186

KAYBAY
DESIGNS